



ASHFIELD BOYS HIGH SCHOOL NEWSLETTER

TERM 4 WEEK 5 2023

The next three weeks for your diary

	Monday	Tuesday	Wednesday	Thursday	Friday
13-17 Nov	<ul style="list-style-type: none"> Duke of Edinburgh Qualifying Bronze Duke of Edinburgh Qualifying Silver Minimum Standard Years 10 & 11 Schools Spectacular 	<ul style="list-style-type: none"> Duke of Edinburgh Qualifying Bronze Duke of Edinburgh Qualifying Silver Minimum Standard Years 10 & 11 	<ul style="list-style-type: none"> Duke of Edinburgh Qualifying Silver Minimum Standard Year 10 Year 10 Brett Sander's Presentation Neighbour Aid Shopping 	<ul style="list-style-type: none"> Year 10 Sleep Connection P6+7 Schools Spectacular 8M Team Day 	<ul style="list-style-type: none"> Schools Spectacular Year 12 Math Advanced Task 1
20-24 Nov	<ul style="list-style-type: none"> Year 10 Clearance Week 7C Team Day - Luna Park 8G Team Day - Maritime Museum 	<ul style="list-style-type: none"> Movement activities SRC and Prefects - all day 7P Team Day 7A Team Day 	<ul style="list-style-type: none"> A dictionary of lost word - Year 11 Drama and Extn 1—1pm Schools Spectacular 	<ul style="list-style-type: none"> Police Talk Years 7&8 - P1, Years 9&10 P3&4 Schools Spectacular 	<ul style="list-style-type: none"> 7V Team Day - Wooley Year 12 Maths Standard 2 Assessment #1 - P7&8 8S Team Day - Ahearne Schools Spectacular
27 Nov to 01 Dec	<ul style="list-style-type: none"> Year 7 Wellbeing Lesson 1 - P1 Australian Business Week—Yr 10 8W Team Day 	<ul style="list-style-type: none"> Year 7 Wellbeing Lesson 2 - P1 Australian Business Week—YR 10 	<ul style="list-style-type: none"> Australian Business Week—Yr 10 	<ul style="list-style-type: none"> Year 7 Wellbeing Lesson 3 - P1 Year 12 Maths Extension 1 Assessment 1 P8&9 Chess Tournament - Library Australian Business Week—Yr 10 	<ul style="list-style-type: none"> Year 7 Wellbeing Lesson 4 - P1 Year 12 English Standard and Advanced Assessment 1 – in class Australian Business Week—Yr 10



117 Liverpool Rd, Ashfield
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Email: ashfieldbo-h.school@det.nsw.edu.au



PRINCIPAL'S REPORT

As you know from my text message yesterday, we held an offsite evacuation drill yesterday. Although all other drills are done on an annual basis, we have not had an off site drill since COVID prevented such large gatherings. It is quite an undertaking to make this happen as it involves moving 900 people safely across one of Sydney's busiest arterial roads to Allman Park. We managed to make this happen in an impressive 4 minutes 49 seconds. The boys were perfect and teachers had the entire roll marking process in the park done in under 12 minutes.

Can I please publicly thank Senior Constable Bottalico and the police at Ashfield Local Area Command who always help us with an off site evacuation. They temporarily controlled traffic to help us get the boys quickly and safely across Liverpool Road. We really appreciate their

Dwayne Hopwood
Principal



Leonie Jackson (left) and Jessica D'Arienzo



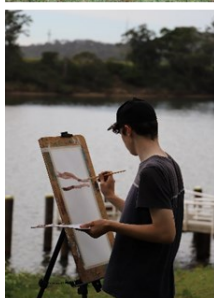
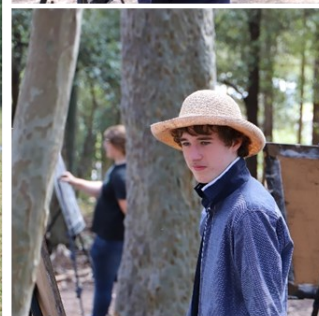
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YEAR 10 VISUAL ARTS CAMP AT BUNDANON

Year 10 attended the Bundanon Arts Centre this week, honing their skills in landscape art, exploring various methods of artmaking. The site was the home of Australian artist Arthur Boyd (1920-1999), with his original studio and homestead still intact and open for viewing. The students were given a tour and learned about the family history of artists and the Boyd legacy that lived on through the arts centre. They were then given the opportunity to participate in a variety of en plein air activities, including painting, drawing, and printmaking. They were able to explore the iconic Australian landscape through visiting the amazing Miwatj Yolnu (Sunrise People) exhibition and connect with the beautiful nature and history of the site.

Ms Morris, Ms Jovicic and Mr Pieterse - CAPA Staff



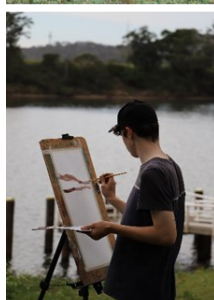
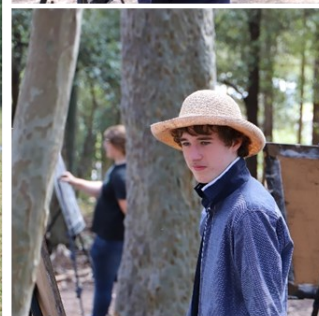
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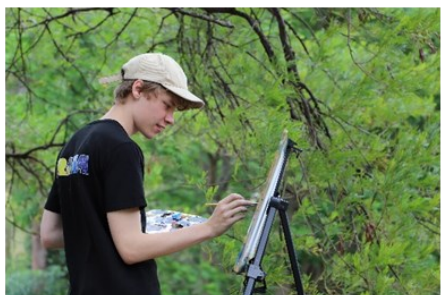
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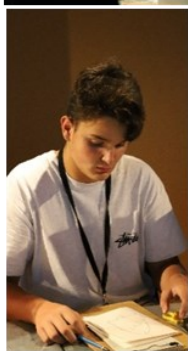
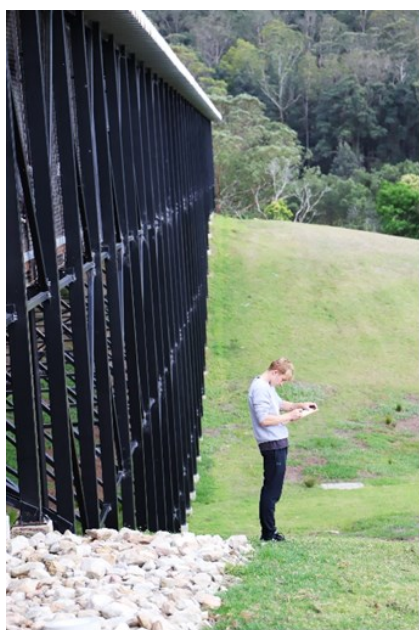
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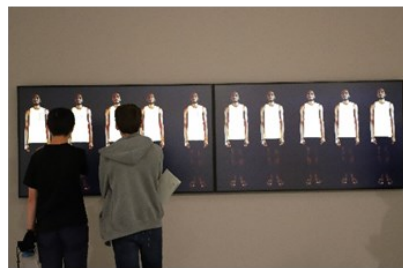
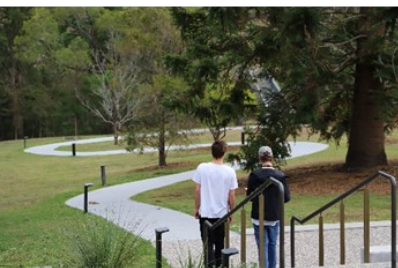
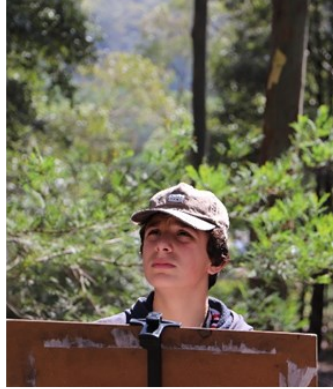
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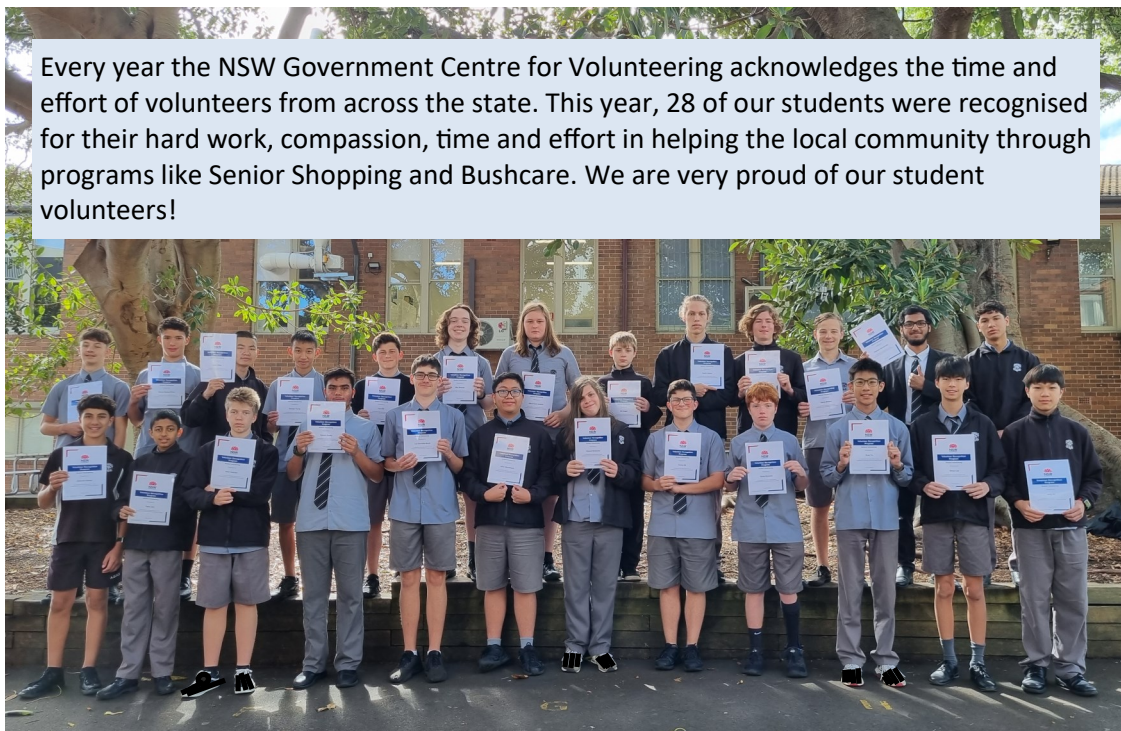


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ACKNOWLEDGING OUR AMAZING VOLUNTEERS

Every year the NSW Government Centre for Volunteering acknowledges the time and effort of volunteers from across the state. This year, 28 of our students were recognised for their hard work, compassion, time and effort in helping the local community through programs like Senior Shopping and Bushcare. We are very proud of our student volunteers!



Ms Prasad
HT Student Leadership and Engagement





**MOST
ITEMS \$5***
Jackets &
Jumpers \$15

ABHS P&C

SECOND HAND UNIFORM STALL

TUES 5 Dec
8.00am - 12 noon
School front courtyard

Parents and students welcome

*** PAYMENT BY CARD ONLY**

[Donation of clean second hand uniforms welcome at the stall or drop to the office before the day]



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YEAR 9 FOOD TECHNOLOGY 'LOAVES AND FISHES' EXPERIENCE

Year 9 Food Technology students have been studying a unit of work on Food Security. Reviewing the unequal distribution of food around the world the boys are acknowledging that access to safe and sufficient food is a global issue of concern. We have also been looking closer to home and investigating 'at risk' groups including the homeless population here in Sydney. This look inside the world of those who find themselves at risk has been an eye opener for our boys.

We teamed up with a charity called 'The Rev Bill Crews Foundation' who feed at risk people in many areas of Sydney including the 'Loaves and Fishes' restaurant here in Ashfield each day for breakfast and lunch.

On Thursday 2 & 9 November the boys attended 'The Loaves and Fishers' restaurant in Ashfields where they helped with the breakfast service that feeds some of Sydney's most vulnerable people.

I hoped that this venture helped develop empathy and concern in our boys towards the less fortunate.
<https://www.billcrews.org>

Susan McCorquodale - TAS Teacher



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YEAR 7 CAMP

Year 7 had a blast at their first high school camp at Narrabeen Academy of Sports and Recreation Centre this week! The three-day adventure was packed with exciting activities, including kayaking, archery tag, and sailing. The boys not only had a blast but also had the chance to hone their communication, team building, and critical thinking skills through collaborative tasks like obstacle courses and puzzle escape rooms.

Evenings were just as lively with a mix of night games on the fields and in the gymnasium, ensuring the boys were thoroughly tired before bedtime. As one of the teachers who attended, I must say the boys' attitude and engagement were impressive. Here's hoping they come away from this experience with lifelong memories. High fives to Year 7 for making the most of their inaugural high school camp!

Mr N Kucheruk - Year 7 Adviser



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SCIENCE COMPETITION - TAKE A GUESS

Last Friday, our students enthusiastically participated in our latest Science Competition, featuring two very tempting lolly jars awaiting students who could guess the most accurate amount (or very close to it). The lab buzzed with activity as many students came flocking in to use our scales and rulers to carefully and methodically calculate the number of lollies within each jar. We had many hypotheses collected but there can only be one winner for each jar!

Our winners are:

Jelly Bean Jar – Lucas De Wolfe and Victor Cao (both boys wanted to share the prize as they both had the same estimate and did not want to do a second guess)

Their guess: 645

Actual amount: **621**

Chewy lollies Jar – Zachary Byrne

Their guess: 218

Actual amount: **217**

We would like to further commend Lucas as he also came really close to winning both jars with his guess of 216, however, he was generous enough to give Zachary the win as he had already won the jelly beans with his friend, Victor.

Stay tuned for our next competition in week 6!

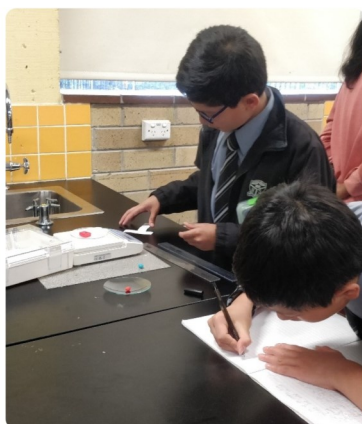


Science Faculty



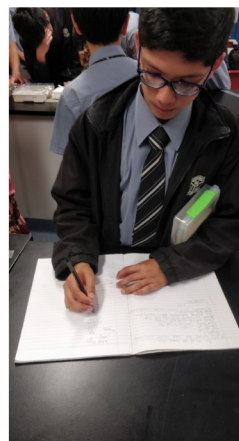
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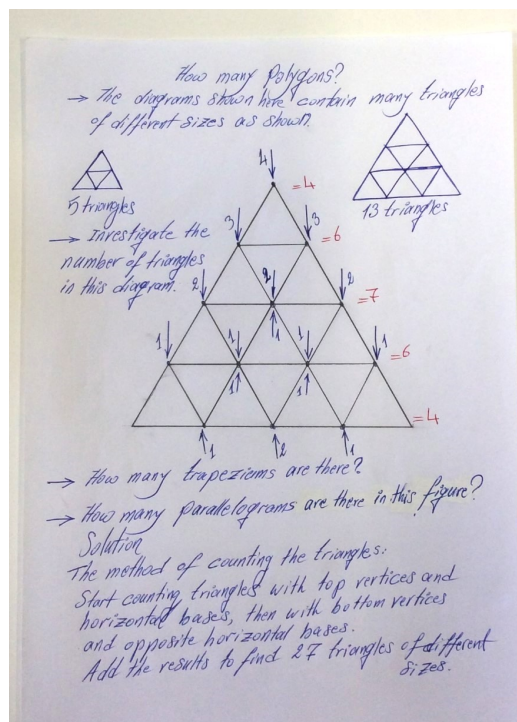
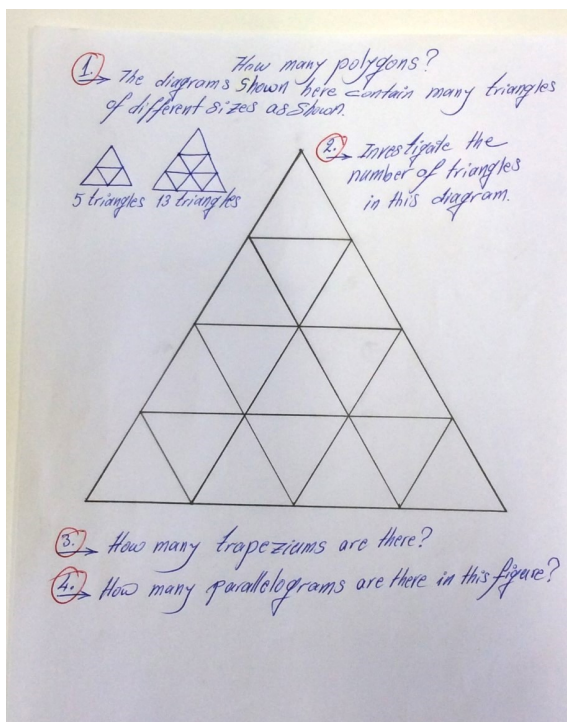
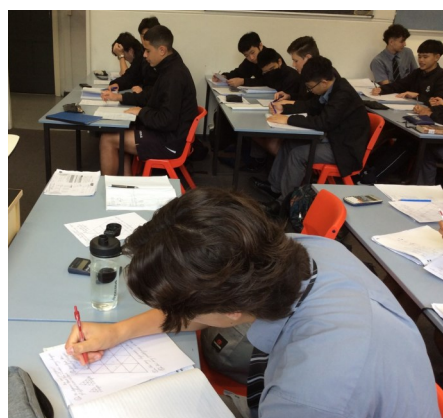


HOW MANY POLYGONS?



Y10MAG students used their problem solving and critical thinking skills to investigate, identify and count the number of triangles in a triangular grid. The students used a variety of strategies including finding patterns and other working mathematically techniques in order to solve this problem.

Mr A Kobeissi - Maths Teacher



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ACRYLIC PHONE HOLDER

In this activity, Year 7 Engineering students are introduced to the polymer materials to create three-dimensional objects. Students learn the basic principles of designing with acrylic material and develop understandings about the nature of plastics, investigate everyday uses of plastics, develop skills for manipulating plastics, and design and create a plastic product to satisfy a need, want or opportunity. Students have an opportunity to design and build an acrylic phone holder.



Mr Mahmud - TAS Teacher



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AUSTRALIAN COLLEGE PHYSICAL EDUCATION EXCURSION

The Year 12 PDHPE students had the privilege of attending a workshop on Factors Affecting Performance. They learnt in a practical sense content such as: energy systems, types of training and the physiological adaptations to training.

They started the day with a lecture from Dr Adrian Schultz who is a professional coach primarily focused on improving performance for track athletics. He took the boys through applied strength and conditioning content, motor control and biomechanics in sport. They engaged in vertical jump tests, 20 m sprint testing, agility testing. The day concluded with a form and technique session to prevent over training and injury and a vO2 max Wingate test. Thanks to ACPE for organising the workshops.



Mr W Tyler - Relieving Head Teacher PDHPE



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Summer Sport - Round 10 15th November 2023

Grade Sport

Assembly point	Sport	Grade	Opponent	Venue	Coach	Leave class at	Assemble at	Game time
A	Basketball	1st	BYE	ABHS Gym	Payne		12:34	
A	Basketball	U15	BYE	ABHS Gym	Kucheruk		12:34	
A	Basketball	U14	BYE	ABHS Gym	Kucheruk		12:34	
C	Cricket	U14	BYE	Hammond	White/Safi		12:34	
D	Futsal	1st	BYE	ABHS Oval	Jakubowski		12:34	
D	Futsal	2nd	BYE	ABHS Oval	Richardson		12:34	
E	Futsal	U15	BYE	ABHS Oval	Jakubowski		12:34	
E	Futsal	U14	BYE	ABHS Oval	Richardson		12:34	
F	NRL Tag	1st	BYE	Ashfield Park	Darwin/Pearce		12:34	
F	NRL Tag	2nd	BYE	Ashfield Park	Darwin/Pearce		12:34	
G	NRL Tag	U15	BYE	Ashfield Park	Chatwin/Pearce		12:34	
G	NRL Tag	U14	BYE	Ashfield Park	Chatwin/Pearce		12:34	
H	Ultimate Frisbee	1st	Epping	Meadowbank 2	Hathway	11:38	11:40	1:00
J	Ultimate Frisbee	U15	Epping 14	Meadowbank 5	Oweis	11:38	11:40	1:45
J	Ultimate Frisbee	U14	North Sydney 15A	Meadowbank 4	Oweis	11:38	11:40	1:45
I	Volleyball	1st	BYE	ABHS Canteen	Ahearne		12:34	
I	Volleyball	2nd	BYE	ABHS Canteen	Ahearne		12:34	
K	Volleyball	U15	BYE	ABHS Canteen	Woolley		12:34	
K	Volleyball	U14	BYE	ABHS Canteen	Woolley		12:34	
L	Water polo	U14	North Sydney	Ashfield Pool	Cameron		12:34	2:00

Futsal U15's - 2:00pm / U14's- 2:30pm games (Rounds 8-14)

Futsal 1st- 1:00pm / 2nd- 1:30pm games (Rounds 8-14)

Summer Sport - Week 12 - 8th November 2023

Recreational Sport

Assembly point	Sport	Venue	Teacher	Assemble in Year 7 quad at	Finish time
C	Futsal OP/ABHS	Olympic Park	Y. Chen	12:05	14:31
E	Table tennis OP/ABHS	Olympic Park	Tenefrancia	12:05	14:31
D	Tennis	Pratten Park	Belle Page	12:34	14:31
G	Basketball Years 7-8	ABHS outdoor B'ball court	L. Chen	12:34	14:31
K	Basketball Years 9-10	Bill Peters Reserve	Pham	12:34	14:31
O	Active D&D	Library	Phillips	12:34	14:31
Q	Multi Sport Years 7-10	Year 7 Quad	Curran	12:34	14:31
S	Swimming	Ashfield Aquatic Centre	McCusker	12:34	14:31
U	Power Walk Years 7-8	Local Area	Mahmud Apostolopoulos	12:34	14:31
V	Power Walk Years 9-10	Local Area	Durand Mai	12:34	14:31
14/15	Outdoor Fitness	Ashfield Park	Jovicic Wang	12:34	14:31
Y	Theatre Sports	D11	Whitting	12:34	14:31
A	Badminton/Table tennis ABHS	ABHS Quiet Area	Lu	12:34	14:31
B	Touch football	ABHS Oval	Thomas	12:34	14:31

Detention E3 12:34 - 14:31 Rego



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Dear Parents

We have been working on ways to keep you informed regarding your son's high school journey. At Ashfield Boys High, we use two web-based software programs to deliver communication to you regarding your sons.

Sentral Parent Portal and App features

Newsfeed and Daily Notices - Receive newsfeed and daily notices about important events that relate to your child.

Absence Notifications – You will receive and can send absence notifications to the school quickly and easily from within the app.

Sick bay - SMS sent when student is in sick bay.

Academic Reports – View student reports

School Bytes Portal features

Event Management – Information regarding excursions or variations of routine are available here, including permission notes and excursion payments.

Sport Selection – Twice a year students from years 7 to 10 select sports that they would like to participate in. This is all managed in School Bytes including sport selection, parent permission and payment if applicable.

Finance – View your Statement of Account and make a payment.

We have noticed that a number of parents have not accessed or are not using the parent portals /apps. To keep up to date with school events, please make sure you have access to these, as we will be posting valuable information on them next term.

If you require assistance with passwords or access keys, please email -

samuel.muthiah1@det.nsw.edu.au



Dear Families

Student Administration Updates

1. Please keep your contact details with the school current.

If you believe that your contact details need updating, please use the “Change of Address” form on our website to update and return the form to the school via email.

2. Reporting your son’s absence from school.

To ensure your son’s absence from school is as smooth and efficient as possible we kindly request that you use one of the following methods:

- Sentral Portal – Access your account on the Sentral website or app and submit the necessary information under the Absence tab.
- Via email: ashfieldbo-h.school@det.nsw.edu.au). In the email, include your son’s name, grade, date of absence and a brief reason for the absence.

By using one of these methods, you will help streamline the attendance process and minimise any potential miscommunication.

3. **Extended Leave:** When your son is taking extended leave, please complete the “Leave Application and Leave Certificate” form on our website. *This must be completed and returned together with a flight itinerary for Principal approval prior to departure.*
4. **Emails:** If you are not receiving emails from the school, please check your SPAM/JUNK mail folder as emails maybe going into this folder.

Thank you for your understanding.

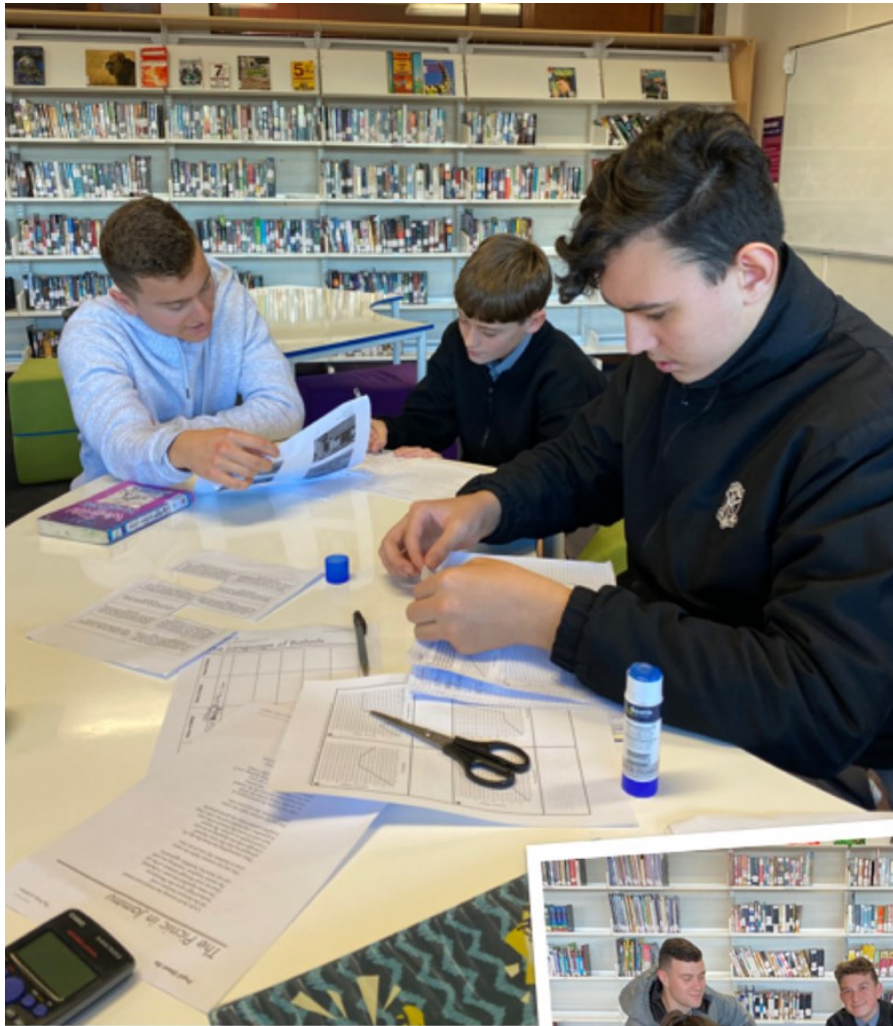
Roslyn Todd
School Administration Manager



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HOMEWORK CENTRE



The after-school Homework Centre is operating on a Monday and Tuesday afternoon from 3.15 – 4.15 pm. This is an opportunity for your son to receive free help from teachers with his homework or other areas of his learning that would benefit from extra help. If you would like your son to attend please complete and return the attached application form to Mr Tenefrancia. It is expected that students who apply to attend will join every session. A new application form is not required if you attended the Homework Centre in Term 3.

Mr Tenefrancia



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ASHFIELD BOYS HIGH SCHOOL

After School Homework Centre Application Form

Name: Year & Class:

Please list the type of help you would like to receive at the Homework Centre.

.....

.....

.....

Please tick which days you would like to attend the homework Centre.

- ☐ Monday only
- ☐ Tuesday only
- ☐ Both Monday and Tuesday

Subject	Teacher



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I give permission for my son of
Year to attend the Homework Centre. My son will attend on the day/s written below
.....

I understand the following conditions apply to my son's attendance.

- Places are limited. Accepting a place requires my son to attend every week for at least one term.
- If my son is repeatedly absent his place may be given to another student on the waiting list.
- The Homework Centre operates Monday and Tuesday from **3.15pm-4.15pm**. Students are expected to arrive promptly. Parents are responsible for their son's supervision and travel after 4.15pm.
- Normal school rules and behavioural expectations apply to the Homework Club.

Parent signature:

Date:

Student signature:

Date:

Expectations for Homework Centre

Your son will enter Homework Centre with an attitude to work on assessment tasks or assigned homework task.

If no assigned work, we advocate that your son acquire the skills and habits of priority study. We see this as a worthwhile investment providing the foundation for achievable study practices for his Senior Year.

For that reason could he quietly choose one of the following:

- Revision of Subjects covered that day.
- Online English help using WordFlyers or Mathematics using Mathspace.
- Silent Reading for Renaissance Accelerated Reading Program and complete the quizzes.

Complete one or more of the tasks as mentioned in the success planner.





INNER WEST

STANDARD MENTAL HEALTH FIRST AID TRAINING

FREE FOR PARENTS AND CARERS



- ✓ This Standard Mental Health First Aid® (MHFA™) course **equips adults with the knowledge, skills, and confidence to recognise, understand and respond** to a friend, family member, co-worker experiencing a mental health problem or mental health crisis.

- ✓ This course provides an overview of mental illnesses, risk factors, prevalence, and impact and takes a closer look at the following mental health problems: **Depression, Anxiety, Psychosis, Bipolar, Substance Use issues.**

DATES: TUESDAY 7th, 14th, 21st & 28th November

5:30-8:30PM

PARTICIPANTS MUST ATTEND ALL 4 x SESSIONS OF THE TRAINING TO RECEIVE THE CERTIFICATE

**ADDRESS: Ashfield Civic Centre :
260 Liverpool Rd Ashfield**



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Email: ashfieldbo-h.school@det.nsw.edu.au



#ASHFIELD



3 DAY VIP EVENT

20% OFF
EVERYTHING*



NOVEMBER 15TH 16TH & 17TH



INSTORE & ONLINE

*T&C's apply, no rainchecks, savings off original prices.



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