



ASHFIELD BOYS HIGH SCHOOL NEWSLETTER

TERM 3 WEEK 7 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
07 - 11 Sept	<ul style="list-style-type: none"> Year 8 Blackdog Smooth Sailing 				<ul style="list-style-type: none"> Year 10 Commerce Market Day
14 - 18 Sept	<ul style="list-style-type: none"> Year 11 Prelim Exams 	<ul style="list-style-type: none"> Year 11 Prelim Exams 	<ul style="list-style-type: none"> Year 11 Prelim Exams 	<ul style="list-style-type: none"> Year 11 Prelim Exams Year 7 Parent/Teacher Phone Interviews 	<ul style="list-style-type: none"> Year 11 Prelim Exams
21 - 25 Sept	<ul style="list-style-type: none"> Year 11 Prelim Exams Year 10 StreetSmart 	<ul style="list-style-type: none"> Year 11 Prelim Exams 		<ul style="list-style-type: none"> Year 12 Graduation Year 11 Life Ready Course 	<ul style="list-style-type: none"> Year 11 Life Ready Course

PRINCIPAL'S REPORT

It was great to see (well not literally!) so many parents engage with the Year 11 Parent and Teacher interviews last week. We did these all by phone for the first time due to COVID restrictions. We are very keen to hear your thoughts about how this went and what we can improve for subsequent year groups.

Information for Year 7 Parents about booking phone interview times is in this edition of Ashtag.

Dwayne Hopwood
Principal

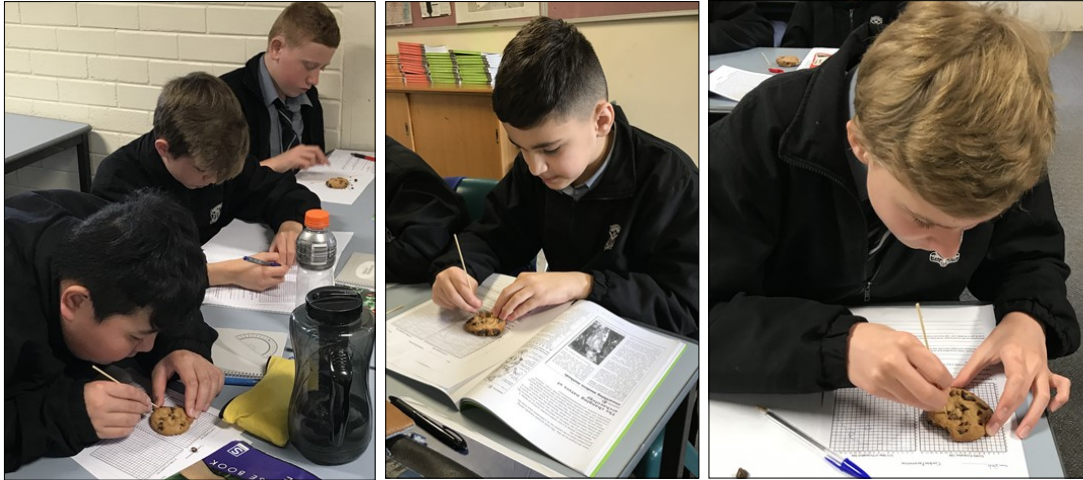


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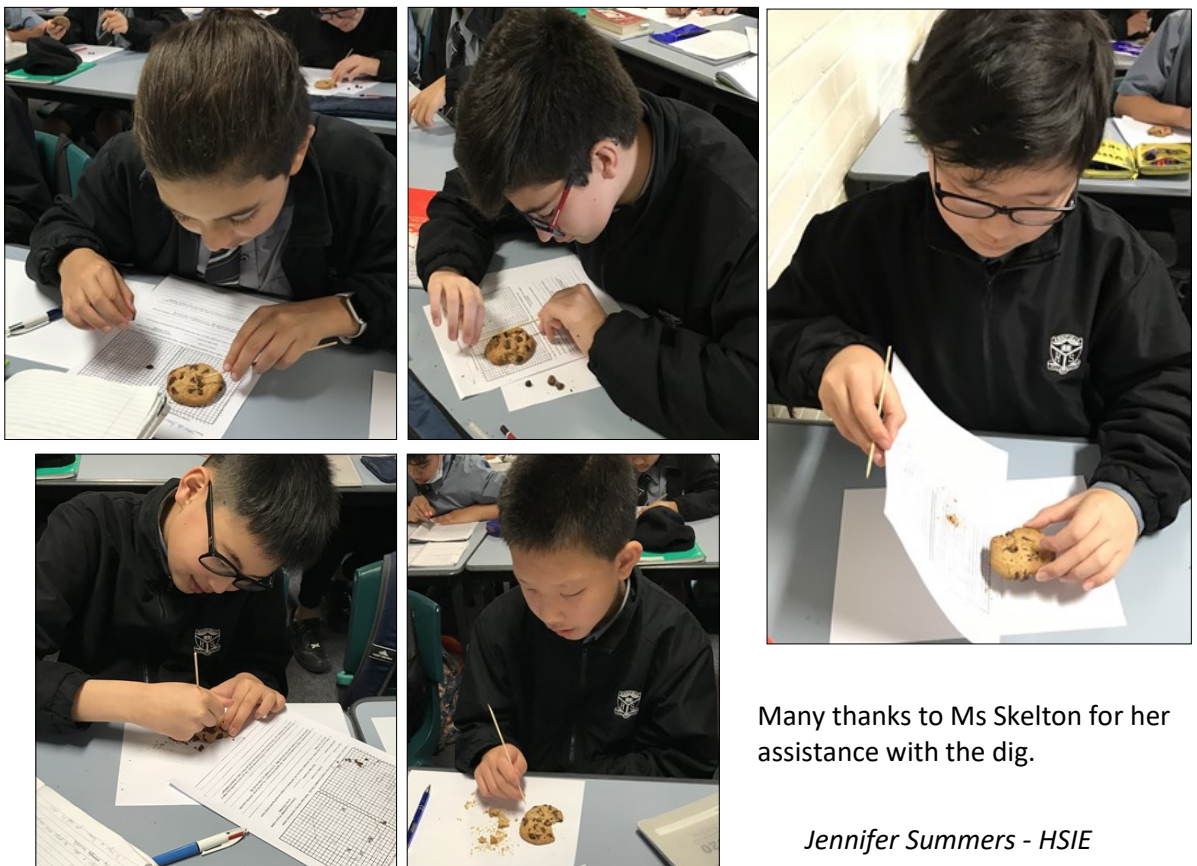


CLASSROOM ARCHAEOLOGY - 7W

In their quest to become experts in all aspects of History, the students of 7 Wood recently undertook an in-class archaeological excavation. The main aim, as in all diggings, was to keep the integrity of the site while successfully uncovering artefacts, 7W excelled in this area!



The mission was to excavate as many chocolate chips from each cookie as possible, with as little damage to the site as possible. Students mapped their site (aka cookie) on a grid and marked out the location of their finds. They then reflected on the challenges of the excavation process and recorded their findings.



Many thanks to Ms Skelton for her assistance with the dig.

Jennifer Summers - HSIE



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VISUAL ARTS - STAGE 4

With Year 7 engaging in their practical lessons, their personalities and creative skills have started flourish once more. This unit's focus has been on colour and line, seeing the students using real life animal portraits to explore colour and line, whilst revisiting learned skills of scale and perspective.

Year 7 Visual Arts students working on their single lined drawing pieces



We started with a study of the colour wheel, identifying different types of primary, secondary and tertiary colours and how each can be created. From there, we took a look at abstract styles of art, focussing on artist Franz Marc and his artwork. Through this, the boys were able to see that meaning can come from even the most abstract of artworks, and that the perception of a piece can change the longer you look at it.

Currently, the boys are choosing an animal that best resonates with them and creating a piece that replicates their animal using a single continuous line. After the base line is set, the boys will use additional materials – like water colour – to help elevate their work, experimenting with different colours to help create a piece that exudes character and emotion – and their unique selves. I look forward to seeing the final submissions.



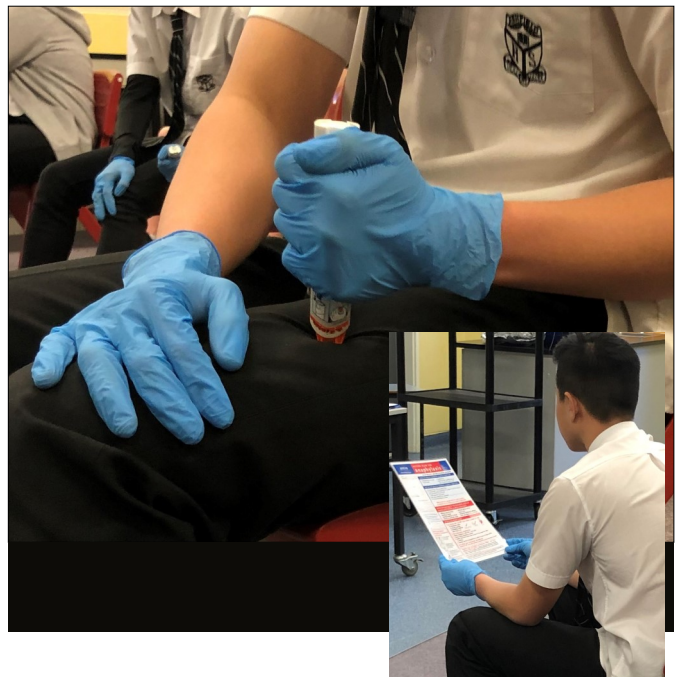
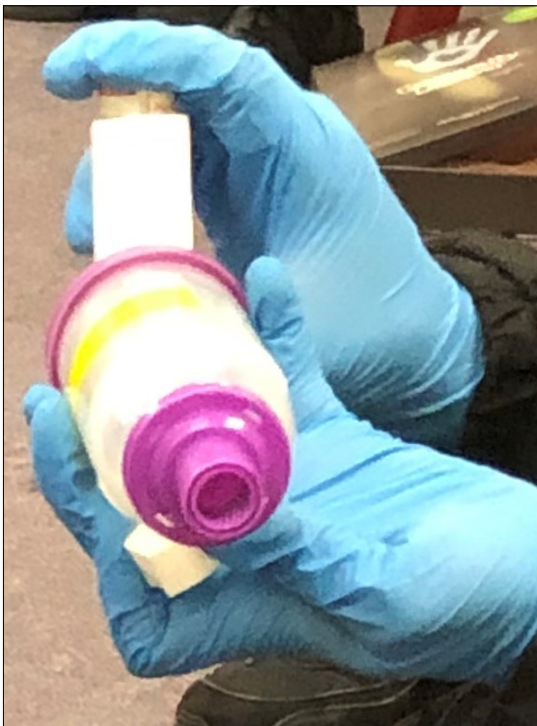
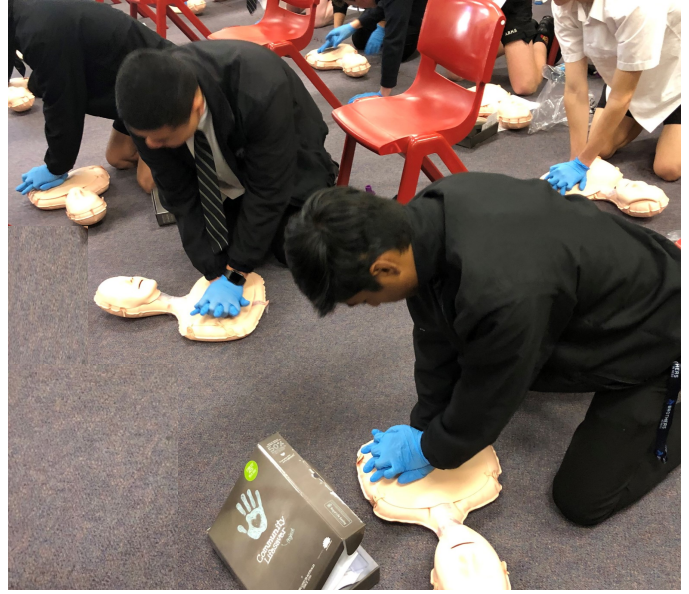
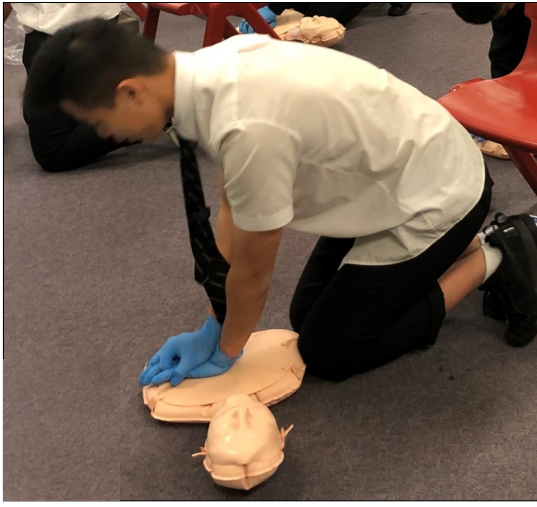
Mr A Karagiannidis - Visual Art/English Teacher



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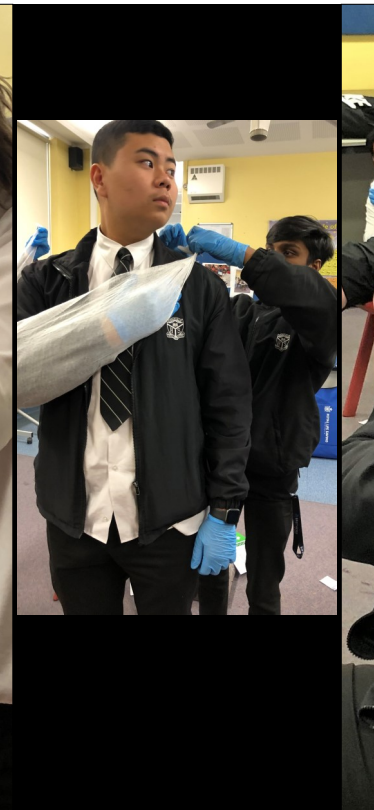
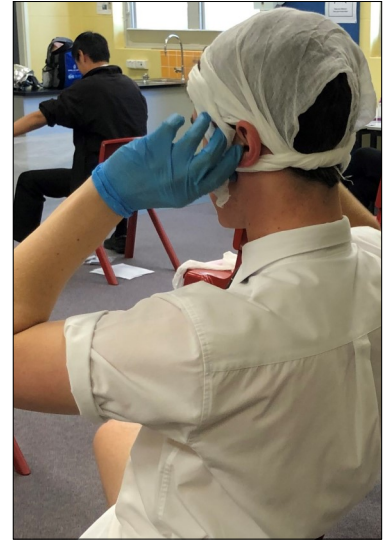


YEAR 11 PDHPE FIRST AID COURSE



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Ms T Brown - Head Teacher Wellbeing

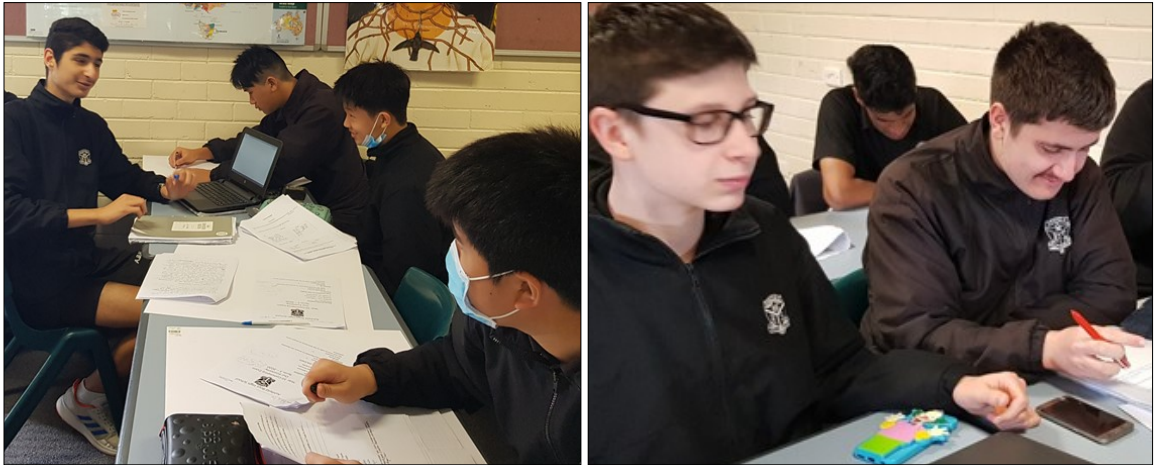


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MARKET DAY

Market Day is running on Friday 11th September at lunch time. It's a great opportunity for Year 10 Commerce students to practice their business acumen. These students have gained experience conducting marketing, budgeting and operations management. This year, they are focussing on Covid safe practices.



There will be a BBQ, burgers, cakes, manoosh and more. Pre-orders are available. I would encourage students to bring coins on Friday 11th September and sample some of the products on offer.



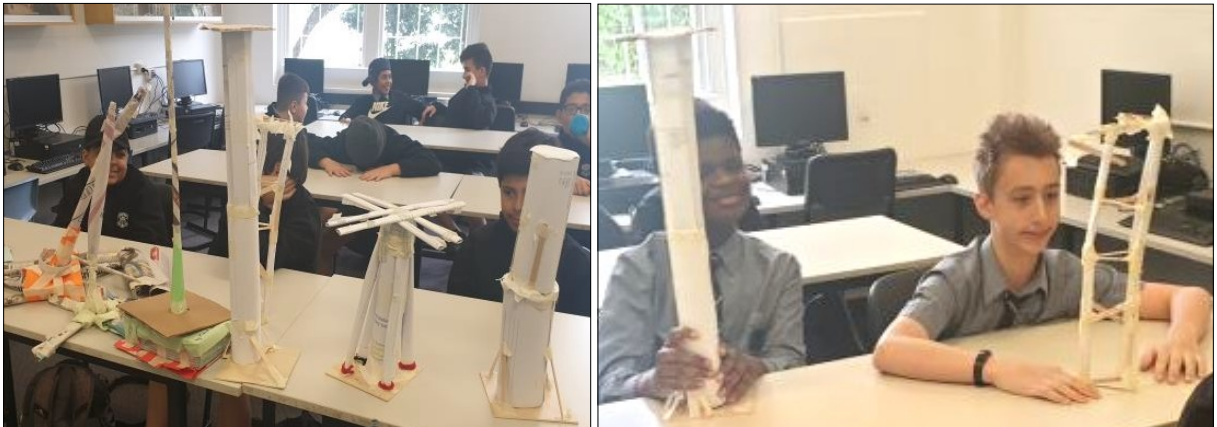
Mr S Bason - Economics Teacher



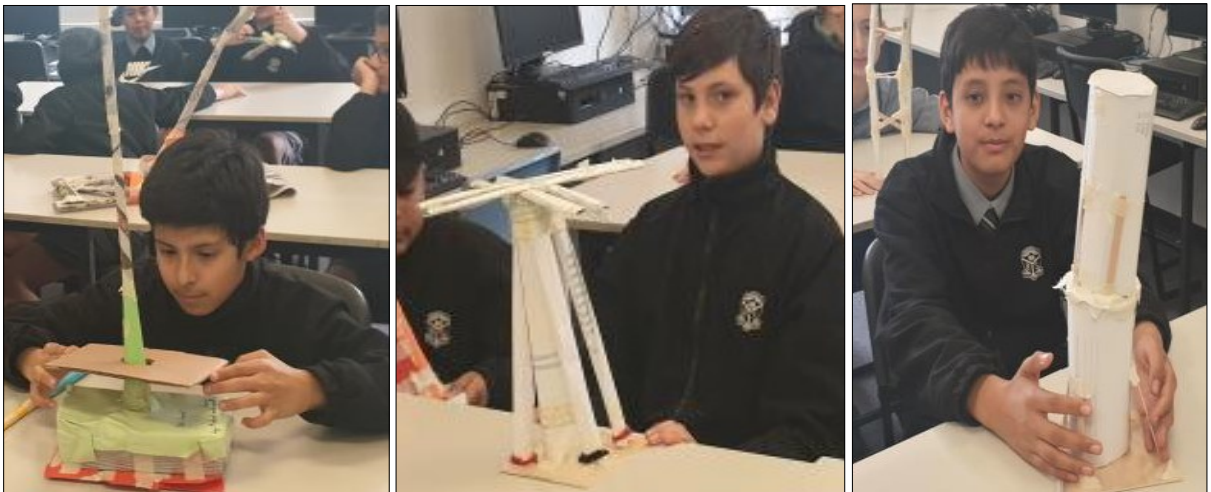
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ACTIVITY: BUILD A PAPER TOWER



Year 7 Engineering students completed their Paper Tower models and worked in small groups to assess each other's models. This gave them the opportunity to become familiar with the assessment technique, which is an integral part of assessment for learning.



YEAR 9 ENGINEERING

The gear is a simple machine that can be used to efficiently transfer force and motion. Year 9 Engineering students are introduced to this important engineering element. Different types of gears are used in many engineering devices including wind-up toys, bicycles, cars and non-digital clocks. Students learn about various types of gears and how they work in machines.



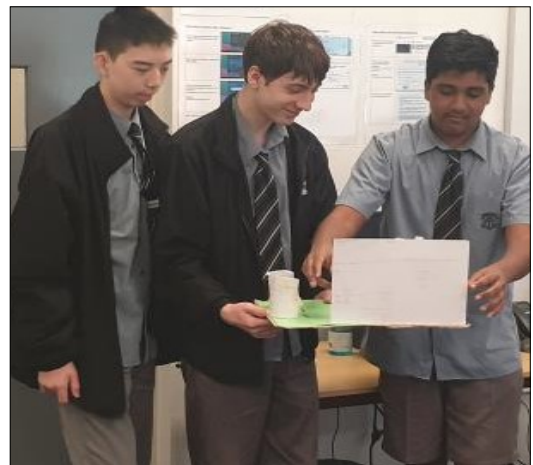
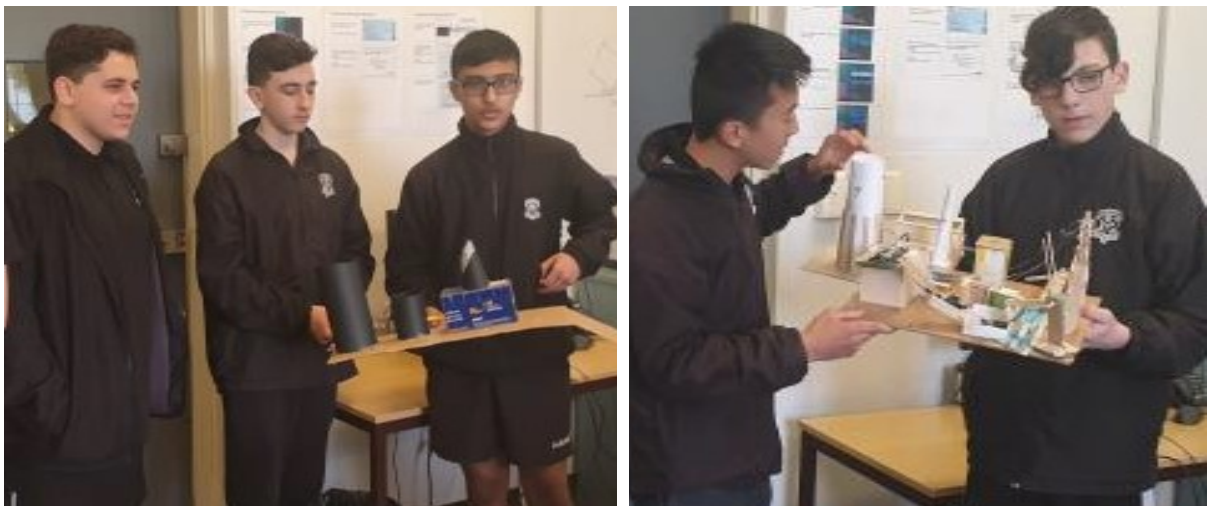
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YEAR 10 ENGINEERING



Year 10 Engineering student teams present their coal power plant model and explain how the power plant converts the heat energy of coal into electrical energy.



Students are demonstrating how a generator is connected to the steam turbine. When the turbine turns, electricity is generated and given as output which is then supplied to the consumers through high voltage power lines.



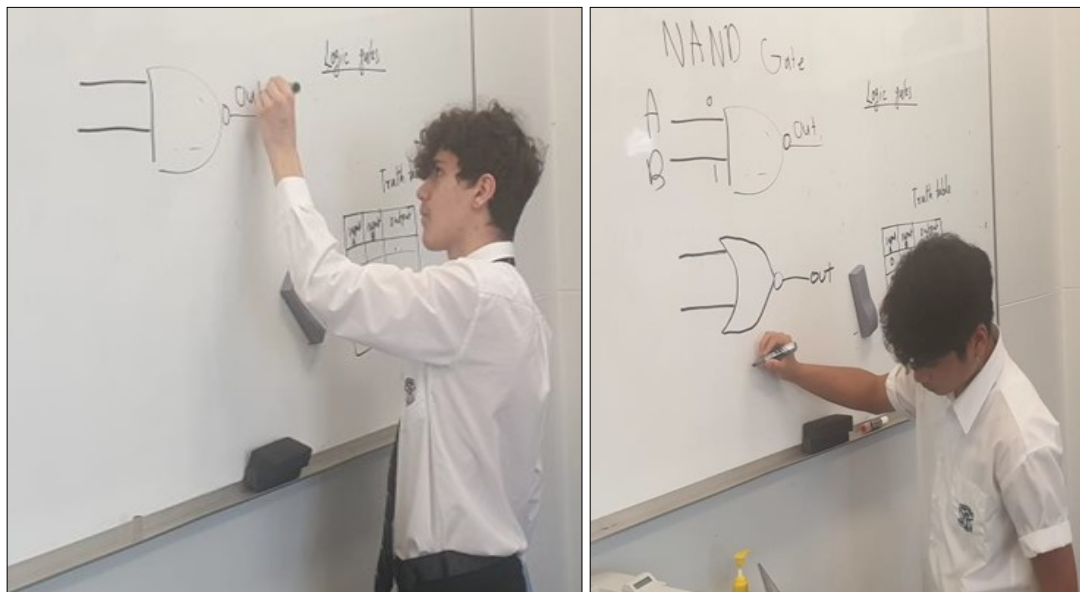
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YEAR 11 ENGINEERING STUDIES

Boolean logic provides the foundation for computers and other modern digital electronics. Digital logic circuits are one particular application of Boolean logic that uses voltage values to represent true and false or 1 and 0 if you prefer. In this activity Year 11 Engineering students learn the rules of logic gates, add logic gates together, and determine what their output will be based on their inputs.



Mr Kamal Mahmud - TAS Teacher



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YEAR 7 PARENT PHONE INTERVIEWS

Dear Parents

Year 7 Parent phone interviews will be held on **Thursday 17th September**. Staff will be available at various times throughout the school day to make calls to parents. Staff availability will vary, however, phone interview time slots will be available from 9.00 until 6.50pm.

We ask that phone calls are kept to a maximum of 10 minutes (as per booking), to ensure we stay on schedule. The majority of staff will call from a mobile with a No Caller ID, so please ensure that you answer No Caller ID calls.

To make a parent phone interview booking go to www.schoolinterviews.com.au and follow these simple instructions.

Bookings open on Monday 7th September at 9am.

Simply enter the code and press "Go"



Enter your details, including your contact phone number



Select the teachers you wish to talk to



Select the appointment times that suit you



When you click **FINISH**, your phone interview timetable will be emailed to you automatically. If you do not receive your email immediately – **Check your junk mail folder AND make sure you have spelled your email address correctly**

You can return to www.schoolinterviews.com.au at any time, and change your interviews - **until the bookings close on Wednesday 16th September at 3pm.**

Any issues please email linda.henry@det.nsw.edu.au



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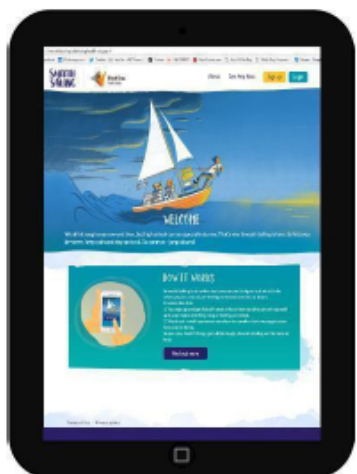


YEAR 8 MENTAL HEALTH SERVICE

Student & Parent Information Sheet



Smooth Sailing is now available at your school. The Black Dog Institute invites you to use this new and exciting service!



Smooth Sailing is a web-based mental health service for high school students. The service is delivered by the Black Dog Institute – one of Australia’s leading mental health organisations. Smooth Sailing was built by a team of researchers at the Institute in partnership with young people, their parents/carers, school counsellors, and health professionals. The service has been shown to improve students’ help-seeking for mental health and reduce feelings of worry.

All students in your year group will be able to use the service for two school terms.

This service gives students access to a range of internet activities, resources and online modules which include information about mental health symptoms and teaches young people skills to talk to their family, friends and trusted adults about their mental health.

What do I have to do?

Participation in the service is entirely voluntary, so if you decide not to take part, that’s completely ok. Your relationship with the Black Dog Institute or the University of New South Wales will not be affected. It is important for all students and their parents/carers to read this form and discuss together what is involved.

If you decide you would like to use the service, you’ll be asked to register on the Smooth Sailing website in class time. You’ll create an online profile including your **name, email or mobile number, date of birth, gender, and state**. You can update this information at any time by clicking on “My Profile” in the home screen.

After this, you will also be asked to **answer some questions about whether you have felt down, sad, or worried** in the past two weeks. These questions are used to work out what types of activities and information will be most helpful to you. As you use the service, Smooth Sailing will record whether you complete the suggested online modules and activities. Smooth Sailing will also track your program usage and how long you spend on any of the Black Dog Institute programs or apps that are recommended by Smooth Sailing.

Parents or carers will not know or be provided with the answers of their child’s responses to any of the surveys or activities included in the Smooth Sailing service.

Mandatory reporting requires that a parent or guardian is informed if a school counsellor deems a student to be at risk of suicide or self-harm.



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At the 6- and 12-week check-in, if you are feeling really sad or worried or have thoughts that your life is not worth living, **your school counsellor will receive a notification to have a private chat** with you about this information. Your school counsellor will only be able to see your total score, use of the program and any areas of your life that you indicate are not going well for you.

What happens to my information?

All the information collected by Smooth Sailing is called "your information". Your data which includes your **personal details, answers to questions and usage data of the online programs linked to Smooth Sailing** will be stored securely on the Black Dog Institute servers for 15 years. These servers use the same level of encryption as internet banking. Teachers, parents/carers, and other students are not able to view any of your information unless you choose to share it with them.



Your information will be used:

- To create a personal profile and work out the activities and information to suggest to you
- To give you access to the positive psychology program "Bite Back"
- To see whether you may benefit from a check-in from the school counsellor
- To see whether the service is helping students' mental health

All of your answers will be confidential and recorded in a way that will not identify you. At no point in time will your data be identifiable when used for any research purpose. Your information will never be shared or accessed by anyone other than authorised researchers at the Black Dog Institute. Any researcher who wishes to use your data will be required to contact and be approved the University of New South Wales Human Research Ethics Committee.

All of your personal information will remain confidential and all use of data will strictly comply with the Institute's privacy policy. To read the policy in full, please visit <http://www.blackdoginstitute.org.au/privacy/>

If there are any changes to these terms and conditions or our privacy policy, all students will be informed by email. If you have concerns about your privacy, please contact us.

What if I sign up and change my mind?

You can change your mind at any time and providing a reason is optional. You can remove all your information at any time by either:

1. Clicking on the withdrawal link on your profile page or at the bottom of any email sent to you by the service, or
2. You can also email your request to smoothsailing@blackdog.org.au.



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What if I or my friend needs immediate help for mental health?

Smooth Sailing is not a crisis service, so it can't provide emergency support. If you or a friend are faced with a crisis, we encourage you to tell a trusted adult such as parents/carers or a teacher. You can also visit the Get Help Now section of the website which has a list of all youth-friendly services.

Are there any risks involved?

Aside from your time, we do not think that there will be risks or costs associated with taking part. This service may identify mental health symptoms; however, this will be responded to accordingly and appropriate care will be provided.

What if I have questions or complaints?

If you have any questions about the service, you can contact the Smooth Sailing team via email (smoothsailing@blackdog.org.au) or by telephone (02 9382 8509).

If you wish to make a complaint, please contact the Human Research Ethics Committee by email humanethics@unsw.edu.au or by phone 02 93856222 and quote the HC reference number HC190382.

PARENTS/CARERS!

If you **do not wish** for your child to take part in the Smooth Sailing service – please contact your child's school as soon as possible. No reasons need to be given. You are also free to directly contact the research team smoothsailing@blackdog.org.au or you child's school to discuss any concerns you have about the service.

Students will provide their own consent to participate on the registration day which will be happening in two weeks from now. Your child can change their mind at any time.



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9th September- Grade Sport Organisation - Week 8

Assembly Point (quiet area)	Sport	Venue	Coach	Assemble and Sit at::	Finish Time
A	Badminton 2 nd & U15's	ABHS Gym	Wang	12:34	14:31
B	Football 2nd	Hammond Park	Richardson	12:34	14:31
C	Football 3rd	Hammond Park	Cauchi	12:34	14:31
D	Football U15's A	Hammond Park	Chu	12:34	14:31
E	Football U15's B	Hammond Park	Salucci	12:34	14:31
F	Football U14's A	Centenary Park	Bason	<u>12:20</u>	14:31
G	Football U14's B	Centenary Park	Payne	<u>12:20</u>	14:31
H	Football U14's C	Centenary Park	Lam	<u>12:20</u>	14:31
I	Football U13's A	Centenary Park	Kucheruk	<u>12:20</u>	14:31
J	Football U13's B	Centenary Park	Karagiannidis	<u>12:20</u>	14:31
K	Rugby U15's	Ashfield Park	Burford	12:34	14:31
L	Rugby U14's	Ashfield Park	Pearce	12:34	14:31
M	Rugby U13's	Ashfield Park	Chatwin	12:34	14:31
N	Table Tennis 2nd U15's & U14's	ABHS Hall	Tenefrancia	12:34	14:31
O	Tennis 1 st	Pratten Park	Stitt	12:34	14:31
P	Tennis U15's & U14's	Pratten Park	McCusker	12:34	14:31
Q	Lawn Bowls	Ashfield LBC	Tyler	12:34	14:31

			Start	Finish
E 3	Injured or sick with note	Executive / ?	12:34	14:31



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RECREATIONAL SPORT – TERM 3 WEEK 8						
Assembly Point (year 7quad)	Sport	Venue	Coach	Assemble and Sit in Year 7 quad at:	Start Time	Finish Time
A	Badminton OP/ ABHS	ABHS quiet area	J. Lu	12:34	12:34	2:31
C	Table Tennis	F Block	Pham	12:34	12:34	2:31
E	Futsal OP/ABHS	ABHS Oval	Morris	12:34	12:34	2:31
G	Volleyball	ABHS Canteen	Ahearne	12:34	12:34	2:31
K	Power Walk Years 7-8	Local area	Durand Pool	12:34	12:34	2:31
M	Power Walk Years 9-10	Local area	White Cini	12:34	12:34	2:31
15	Multi-Sport Years 7-8	ABHS Oval	Pieterse	12:34	12:34	2:31
1	Outdoor Fitness	Ashfield Park	Jovicic Mahmud H. Lu	12:34	12:34	2:31
3	Basketball Years 7-8	ABHS B'ball Outdoor Court	Curran	12:34	12:34	2:31
5	Basketball Years 9-10	ABHS B'ball Outdoor Court	Prasad	12:34	12:34	2:31
7	Karate	Library	Jones	12:34	12:34	2:31
9	Theatre Sport	D9	Whitting	12:34	12:34	2:31

			Start	Finish
E 3	Injured or sick with note	Executive / ?	12:34	14:31



STUDENT ADMINISTRATION UPDATES

CONTACTING THE SCHOOL ABOUT ABSENCES AND LATE ARRIVALS

1. Please only phone about your son's absence or late arrival to school if the matter is urgent.
2. If your son is absent from school, please reply to the SMS you receive. This is our preferred avenue of communication in regard to absences. Alternatively please email the school,

ashfieldbo-h.school@det.nsw.edu.au

The office will contact you, if we need to clarify anything.

3. In your SMS response please explain the reason for your son's absence and its duration.

CASH

In an effort to keep both our students and staff safe, can I please ask that you **do not pay with cash**. Please pay by eftpos (student counter) or preferably online.

Reminder

Student forms for example:

Change of Address and or details

Late or Absent Forms

Travel Exemption Forms

Are available on our website to download, hard copies are available at the Student Service Desk.

Emails

If you are not receiving emails from the school, please check your SPAM/JUNK mail folder as emails maybe going into this folder.

Thank you for your understanding.



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this Summer

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girls and boys

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