

ASHFIELD BOYS HIGH SCHOOL NEWSLETTER

TERM 2 WEEK 6 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
08 - 12 June	 Long Weekend 	Year 12 PDHPE Assessment		 Year 9 English Assessment TTFM - Year 7- 12 	
15 - 19 June	 10T History Assessment 	• 10Q, 10R, 10W History Assessment	 Year 12 Ancient History Task 		
22 - 26 June					

PRINCIPAL'S REPORT

Volunteering Awards

The boys have been very successful in the Inner West Council volunteering awards. Ethan Krumins of Year 11 won an individual award for his work in the community. The Cyber Seniors group, who have been working with elderly people teaching them how to use smart phones and tablets, were the recipients of the group volunteering award. The Inner West Council have nominated them for the NSW State volunteering award. It is great to see the boys' work recognised in this way.

Due to the current Covid restrictions, all of our volunteering programs are temporarily suspended. I'm really looking forward to the programs starting up again. The boys receive huge benefits from volunteering as it develops their leadership, emotional intelligence and communication skills.

Prefect Welcome

The Prefects have continued to greet the boys every morning at the front gate with a warm welcome and a squirt of hand sanitiser. They have done this through both cold, bitter winds and rain this week. I know how much the boys appreciate this as many of them have popped by to tell me.







NRL Debut

One of our old boys who completed the HSC in 2016 will make his NRL debut tonight! Keaon Koloamatangi will play for the Rabbitohs against the Melbourne Storm in his debut first grade game. After playing rugby at school, Keaon's dream was always to play professional rugby league. It is wonderful to see the boys leave school successfully and achieve their personal goals.

Dwayne Hopwood Principal

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YEAR 11 AND YEAR 12 ASSESSMENT

To assist our Senior Students in preparing for assessment schedule and exams, we have published a Revised Assessment Schedule Summary. Students were issued and signed for a paper copy today and we have included them in this copy of Ashtag. It is perfect size to stick on bedroom walls and the family fridge.

Ms Henry and Ms Longman





2020 AMY LARGE VOLUNTEER AWARDS

The Inner West Council's Amy Large Volunteer Awards honour local resident and volunteer, Amy Large, who passed away in 2015. The Awards acknowledge outstanding contributions to local families, organisations, programs, the environment and individuals in need.

This year, Ashfield Boys High School is proud to announce that we have received two honours. Firstly, the nominee for the Youth Division was presented to Ethan Krumins for his volunteering with the youth group of a local church supporting young people learn new skills and community members in accessing services.

Our second nomination was in the Team Category for our Cyber Seniors Tutor Team. The team consisted of Ivan Kwan, Sebastian Cutcherwith, Hannan Mohammed, Dylan Chedra, Adam Chahrouk, Sanu Manandhar, Thomas Galati, Kush Kumar, Wesley Stewart, Shane Wan and Collins Nguyen. These boys tutored their senior students to become more familiar with technology which is an invaluable skill during this time of Covid-19.



Usually these awards would be presented at a ceremony but due to the current situation, the boys have been presented with awards and a gift voucher for JB HiFi.

The Inner West Council has requested permission to put these nominees forward for the NSW Volunteer of the Year Award.

Congratulations to our boys! Your contributions are recognised and valued.



Mandy Marks Head Teacher Student Leadership and Engagement





YEAR 9 DRAMA





It has been so great to see the boys come back to the Drama classroom and involve themselves in the practical aspects of the course. With weeks of on-line theory and design work, they were especially keen to release their energy and work together to explore the physical aspects of Zeal's play; 'The Stones'. The boys have been rehearsing stylised and choreographed fight scenes. I promise, no students were harmed in the process!











Mrs Tracy Small - Head Teacher - CAPA





SCIENCE

Keeping in mind the quote from Claude Bernard - "It is what we think we know already that often prevents us from learning." It was time to get back to the laboratory and explore. Students enjoyed conducting investigations safely across all cohorts after two and half months. Experiments from the much-loved flame tests, coloured precipitation reactions, measuring forces with spring balances, ticker timer experiments to measure speed, displacement reactions, Ohm's law and many more were conducted with enthusiasm and passion to investigate scientifically. All science teachers too, looked forward to the laboratory sessions with their students to assist learning concepts of "science by doing".



Ms A Arya - HT Science







STAGE 6 MUSIC REHEARSALS NOW IN FULL SWING

Musicians from Stage 6 have begun rehearsing again and it has been fantastic to hear them making music in class. Our HSC students are rehearsing for their Elective 1 and 2 assessment tasks in Week 8, and our Preliminary HSC students are preparing arrangements and performances of pieces based on the topic Music for radio, film, television and multimedia. The Preliminary HSC students are also preparing a podcast about the pieces they have chosen. The enjoyment they have displayed making music with each other is something that we hope will keep the interest in the subject burning well beyond their school days.

Mr Ian Pieterse - Music Teacher













HYDRAULIC ARM

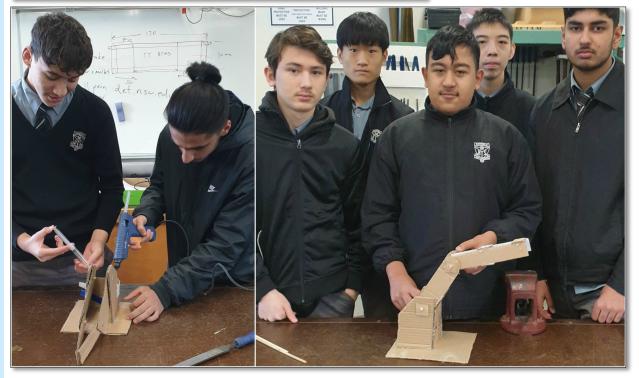




Year 10 engineering students developed their design and engineering skills by building a hydraulic arm. Cardboard, syringes, plastic tubing, zip ties, and hot glue were made available to the students; however, specific values and amounts were left to them to decide.

Throughout the semester, students managed materials, revised prototypes, and deepened their understanding of hydraulic principles and how they can be put to use moving objects.

Mr K Mahmud - TAS Teacher







LEFT, RIGHT, IN AND OUT!

Year 7 students have been working on developing various basketball skills. In addition to this skill practice, students researched different stretching routines that basketball players would commonly utilise. Si Kang (7E) created his own stretching routine linking Lebron James, James Harden and Jeremy Lin's stretching exercises.

Quad pull

Grab your right foot and pull it behind you to your upper thighs. As you pull your right leg back, reach forward with your left arm and extend as far as you can forward so that your torso is parallel with the ground. Repeat 10 times and then switch to the opposite leg.



Squatting (leg-out)

Stand with your feet wide apart. Keep one leg straight and your toes pointing forward while bending the other leg and turning your toes out to the side. Lower your groin towards the ground and rest your hands on your bent knee or the ground.







Rotating stomach/side stretch

Lie face down and bring your hands close to your shoulders. Keep your hips on the ground, look forward and arms. Then slowly bend one arm and rotate that shoulder towards the ground. Switch after a few seconds.



Single heel drop

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Stand on a raised object like a step. Place one foot on the object and the other on the edge of the object. Bend your knee slightly and let your heel drop towards the ground. Switch after a few seconds.







Static hip stretch

Grab a pillow or something soft and put it on the floor. Kneel down and put knee on the pillow. Then put your chest up and move down slightly. Do this for 30 seconds than wait for ten seconds to do it again.

Hamstring stretch

Sit on the floor. Cross your legs in front of you. Slowly straighten your left leg with your toes always pointing straight up. Keep your right leg bent, with the bottom right foot against the inner part of your left leg. Lean forward from the hips until you start feeling your something. Hold this stretch for 20 seconds. Then switch legs and repeat entire stretch.



Lunges

Stand up straight and lean down. Bend on leg and put that leg in front of you. Then put your other leg behind you. Then get up and do it again on the other side.

Mr S Calic - Sports Coordinator





The *Social Science Faculty* is providing **Year 12 students** who are studying, Business Studies, Economics or Legal Studies with a :

"Business Lounge"

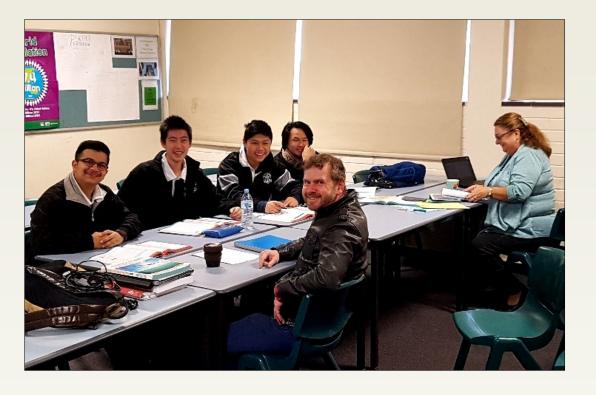
"Business Lounge" is available to assist Social Studies students with extra help in preparation for their upcoming exams.

"Business Lounge" will be held:

On: Friday mornings from 8:10am

Where: E2

What to bring: Yourself, any work or questions that you want help with.







Loan Laptops and USB WiFi

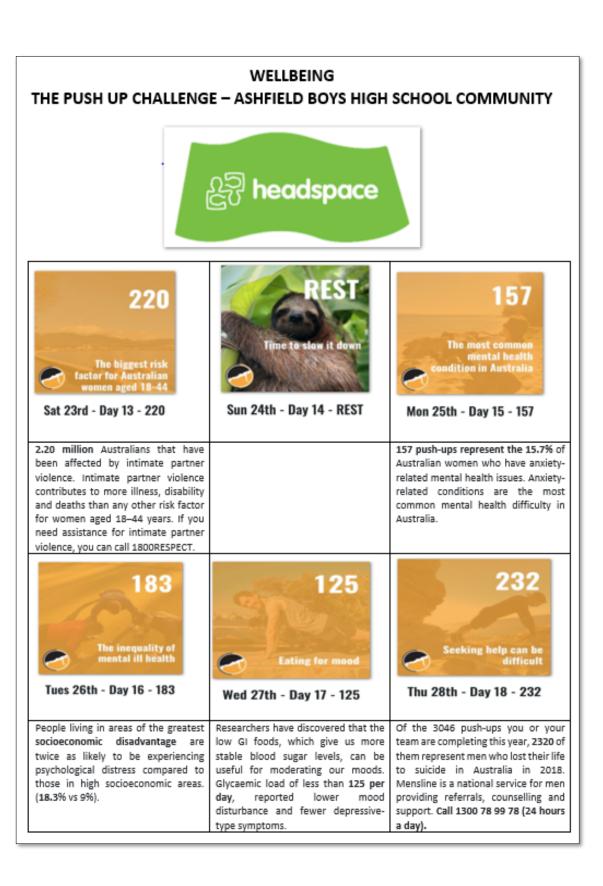
If your son borrowed a school laptop or USB WiFi for home schooling, please return it to Ms Henry at the beginning of next week.

Thanks













124	164	105
Find out what support	Mental ill health can	Sunshine is
you can access	cost decades	therapeutic
Fri 29th - Day 19 - 124	Sat 30th - Day 20 - 164	Sun 31st - Day 21 - 105
Under the Better Access Scheme, Australians who are experiencing mental ill health and are entitled to Medicare can receive rebates for up to 10 sessions with a mental health professional. In 2019, the Medicare rebate for a session with a clinical psychologist was up to \$124.50.	People with a diagnosis of mental illness are at much higher risk of physical diseases such as diabetes, lung disease, cancer and heart disease. In Australia, this has contributed to a large life expectancy gap between those with severe mental ill health, and those without a similar diagnosis. One study estimated this gap at 16.4 years for men with a severe mental health diagnosis.	Today's target is 105 push-ups: It's possible that getting 15 minutes of bright sunlight each morning could reduce levels of mental distress. 15 minutes, 7 daysthat's 105 minutes of sunshine per week! There are a lot of factors that could be at work here to make sunlight a mood booster, including effects on your circadian rhythm, Vitamin D, or just being outside-getting into nature for a few hours per week can also help out your mental health. Whatever the reason- just be sensible! Sunburn doesn't improve anything.

And...that's a wrap...21 days of pushing

Congratulations to everyone who participated- 33,221 push-ups



Ashfield Boys High Schp

https://www.thepushupchallenge.com.au/community/ar 🔗 core

Welcome to our Push-Up Challenge Community. Ashfield Boys High School is passionate regarding the health and wellbeing of our whole community. Our teams are 'pushing through' this challenge to raise awareness of mental illness concerns of young people. You can support us by joining one of our teams or donate to an individual or team.

29 legends 33,221 push-ups completed 331 funds raised





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A S H F A



YEAR 12 REVISED ASSESSMENT SCHEDULE SUMMARY 2020



Term 2, Week:	SUBJECT		
6	Mathematics Standard 2, Chinese and Literature.		
7	Business Studies, Industrial Technology (week 7–8) PDHPE		
8	Food Technology, Legal Studies , Ancient History, English EAL/D, Chemistry, Music		
9	Mathematics Extension 1, Engineering Studies, Economics, English Advanced, Biology		
10	Mathematics Extension 2 Software Design and Development, English Extension 2		
Term 3, Week:			
1			
2	Industrial Technology		
3 & 4	Intense exam preparation. All students must attend EVERY DAY. Language Orals from weeks 4-9		
4	Visual Arts		
5&6	TRIAL HSC EXAMS: ALL SUBJECTS Timetable to be published		
5	English Extension 2: submission of HSC Major Projects to NESA		
6	Industrial Technology: submission of HSC Major Projects to NESA		
7			
8	Music: submission of HSC Major Projects to NESA and Music Practical Exams (weeks 8 and 9)		
9	Visual Arts: submission of HSC Major Projects to NESA		

N/B: VET – Hospitality will continue as normal with competencies assessed through course work.

HSC BEGINS: 20 October 2020Please ensure all details are correct on "NESA Student online" portal



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YEAR 11 REVISED ASSESSMENT SCHEDULE SUMMARY 2020



Term 2, Week	SUBJECT		
6	Mathematics Standard, Studies of Religion 2, Sport, Lifestyle and Recreation (week 6-7)		
7	Mathematics Advanced, Ancient History,		
8	Food Technology, Mathematics Extension 1, Music 1, Chinese – Continuers, In Context, Literature, Chemistry,		
9	Economics, English Advanced, English Standard, Modern History, Physics, Legal Studies		
10			
Term 3, Week			
1	Business Studies,		
2	Software Design and Development, Biology,		
3	English Extension 1, Drama		
4	Studies of Religion 2		
5	Engineering Studies		
6	Visual Arts		
7 & 8	Intense exam preparation. All students must attend EVERY DAY		
9 & 10	FINAL PRELIMINARY EXAMS: ALL SUBJECTS Timetable to be published		

N/B: VET – Construction and Hospitality will continue as normal with competencies assessed through course work.

Ensure you understand **all your assessment rules and procedures** in 'Year 11 Stage 6 Assessment Policy and Course Schedules 2020'



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TELL THEM FROM ME STUDENT SURVEY

Next week, on Thursday 11 June, our students will be completing *Tell Them From Me* student feedback survey. The survey measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

More information about the survey is available at: <u>http://surveys.cese.nsw.gov.au</u> <u>http://surveys.cese.nsw.gov.au/images/FAQs/2020/</u> <u>TTFM Student Survey FAQs Parent and Carers T12020.pdf</u>

The survey is confidential and will be conducted online. It usually take less than 30 minutes to complete. Participating in the survey is entirely voluntary. If you do not wish your son to participate in this survey please inform us in writing.

The survey is a great opportunity for our students to provide us with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. Capturing the voices of our students will help improve how we do things at our school.

There will be an opportunity for parents to also complete a similar survey. More information will be provided regarding this in the near future.



A S H T A



ASHFIELD BOYS STUDENT ID CARDS 2020

Students will be receiving their 2020 ID cards during Roll Call next week. Please look after this card, as a \$10 replacement fee will be charged if damaged or loss. The new ID cards will be used when dealing with the Administration Office, borrowing books in the library and for photocopying (please see instructions below) To use the photocopiers students will need to top up their cards with credit which can be done online via our website using **Make A Payment tab.**

When making this payment, please use Ref 473518. Photocopying credits start at \$10.

Using the photocopiers for the first time

The 2020 Student ID Cards have a built-in microchip that can be linked to the Schools Fuji Printers. By linking your card, via your DoE credentials, to the school's printers, you eliminate the need to login for printing.

Follow the steps below to link your card. This only needs to be done once. The printers have a built-in chip reader on the left-hand side, usually there is a label (CARD READER)





Place your card on the card reader.

Touch the screen to enable a keyboard. Enter your username & password e.g. charlie.brown6, and then select OK.

Register Us	ser Information	*	Cancel	🥜 ОК
Please ente	ntication information is not registere r User ID and password to register an be used for authentication from t			
User ID:				
Password:				

If you have entered your details correctly your card is now connected to your school printing account.





STUDENT ADMINISTRATION UPDATES

CONTACTING THE SCHOOL ABOUT ABSENCES AND LATE ARRIVALS

- 1. Please only phone about your son's absence or late arrival to school if the matter is urgent.
- 2. If your son is absent from school, please reply to the SMS you receive. This is our preferred avenue of communication in regard to absences. Alternatively please email the school, <u>ashfieldbo-h.school@det.nsw.edu.au</u>

The office will contact you, if we need to clarify anything.

3. In your SMS response please explain the reason for your son's absence and its duration.

EXCURSIONS

As you are aware, excursions for 2020 have been cancelled or postponed until further notice. Students that have paid for cancelled excursions, will have their money credited into their school account for future use.

CANCELLED

Royal Easter Show – Year 9 Othello-William Shakespeare – Year 11 Bicentennial Park Field Study - Year 11 Newington Armoury Art Gallery – Years 11 & 12 Legal Studies- Parramatta Court - Year 11 ICAS Computer Competition ICAS Maths Competition Biology Ecosystems Dynamic – Year 11

POSTPONED UNTIL FURTHER NOTICE

Geography Field Trip - Year 10 Australian Geography Competition Year 12 Formal Taronga Zoo

SCHOOL FEES

Statement of Accounts have not been sent to you as yet. If you would like to pay your son's school fees, please email Ms Jane and she will be more than happy to email you a copy. Jane.stiglic@det.nsw.edu.au

<u>CASH</u>

In an effort to keep both our students and staff safe, can I please ask that you do not pay with cash.

Please use our online system when paying for school related items. If you require a refund, please email your request, noting your receipt number

Thank you for your understanding.

Poppy Sotiriou School Administration Manager





TERM 2 week 7 Sport Organisation

	10 th of June	Part 1	Part 2		
Class:	Meet your teach- er @12:34 at:	Sport:	Teachers:	Time:	Room/Time:
8 S	Primary school gate	Handball/ Badminton Couchi		12:34 – 1:30	G 1 / 1:30 – 2:31
8 Т	Front of school (courtyard)	Circuit training	Chu	12:34 – 1:30	G 2 / 1:30 – 2:31
7 S	Year 7 quad – next to F building	Handball / Skipping	Prasad	12:34 – 1:30	F2 / 1:30 – 2:31
7 W	Oval – top (hume hwy)	Modified football	Richardson	12:34 - 1:30	F5 / 1:30 – 2:31
7 Y	Oval – middle	Rugby passing	Chatwin	12:34 – 1:30	F 6 / 1:30 – 2:31
	10 th of June – Sport Organisation Year 8				Part 2
Class:	Meet your teach- er @12:34 at:	Sport:	Teachers:	Time:	Room/Time:
7 E	Oval – bottom (gym)	AFL kick/catch	Burford	12:34 – 1:30	F 4/ 1:30 – 2:31
7 F	Outdoor Volleyball court	Volleyball	Ahearne	12:34 – 1:30	F 3 / 1:30 – 2:31
8 A	Gym	Badminton	Dobrowolski	12:34 – 1:30	E 3 / 1:30 – 2:31
8 C	Hall	Table tennis	Tenefrancia	12:34 - 1:30	F 11 / 1:30 – 2:31
8 D	Outdoor basketball court	Basketball shooting	Karagiannidis	12:34 – 1:30	G 3 /1:30 – 2:31
8 M	Quiet area	Dodgeball	Salucci Babbage	12:34 – 1:30	G 12 /1:30 – 2:31



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TERM 2 week 7 Sport Organisation

10 th of June - Sport Organisation Year 9						
Class:	Meet your teachers @12:34 at:	Teachers:	Part 1 Time:	Part 2 Time:	Sport:	Venue
10 W	G 27	Wang Lu	12:34 – 1:30	1:30 - 2:31	Handball/ Badminton	Primary school gate
10 H	D 1	McCusker Jovi- cic	12:34 – 1:30	1:30 - 2:31	Handball / Skipping	Year 7 quad – next to office building
9 B	G 22	Stitt Morris	12:34 – 1:30	1:30 - 2:31	Circuit training	Front of school (courtyard)
9 D	G 24	Payne Jones	12:34 – 1:30	1:30 - 2:31	Modified football	Oval – top (hume hwy)
9 E	G 26	Pieterse Kucheruk	12:34 - 1:30	1:30 - 2:31	Dodgeball	Quiet area
9 F	E 4	Pearce Mahmud	12:34 – 1:30	1:30 – 2:31	Rugby passing	Oval – middle
		10 th of Ju	ne – Sport Organi	sation Year 10)	
Class:	Meet your teachers @12:34 at:	Teachers:	Part 1 Time:	Part 2 Time:	Sport:	Venue:
9 H	G 28	Bason Lam	12:34 – 1:30	1:30 - 2:31	AFL kick/catch	Oval – bottom (gym)
9 K	G 29	Pool Whitting	12:34 – 1:30	1:30 - 2:31	Volleyball	Outdoor Volleyball court
10 R	D 3	White Cini	12:34 - 1:30	1:30 - 2:31	Badminton	Gym
10 Q	D 4	Pham Durand	12:34 - 1:30	1:30 - 2:31	Table tennis	Hall
10 T	E 5	Curran Lu	12:34 – 1:30	1:30 - 2:31	Basketball shooting	Outdoor basketbal court



A S H T A G



SID BANK	that apply in School Zones - Parking and Traffic Rules 2 ³⁰	SCHOOL ZONE - 938 - 494 HOOL AYS
NO STOPPING	NO STOPPING What does it mean? Under no circumstances are you permitted to stop in this area. Why is it there? To keep sight line clear for drivers AND Children so both have more time to avoid crashes.	Penalty \$344 2 demerit points
	NO PARKING What does it mean? You are permitted to park <u>for no more than 2</u> <u>minutes</u> to drop-off/pick-up and you must stay <u>within 3 metres of your</u> <u>vehicle</u> . Why is it there? To provide a safe place for children to be set down and picked up without endangering other children.	Penalty \$191 2 demerit points
	BUS ZONE What does it mean? You must not stop your vehicle in the bus zone unless you are driving a public bus. Why is it there? To provide a safe place for large buses to set down and pick up school children.	Penalty \$344 2 demerit points
	PEDESTRIAN CROSSING (INCLUDING CHILDREN'S CROSSING) You must NOT stop within 20 metres before or 10 metres after a Pedestrian Crossing. Why is it there? To ensure children can be clearly seen by vehicles approaching the crossing.	Penalty \$457 2 demerit points
	DOUBLE PARKING You must not stop your vehicle or park in the middle of the road to drop off and pick up. Why is it there? Double parking forces cars to go around you causing traffic congestion and reduces the view of drivers and children crossing the road.	Penalty \$344 2 demerit points
\bigotimes	Mobile Phone Use Do not use a hand held mobile phone while driving	Penalty \$457 5 demerit points
-	o change without notice. Penalties apply to offences in school zones during posted school hours on gazette offences and gazetted school days please refer to Roads and Maritime Services (RMS) website at <u>www.r</u>	



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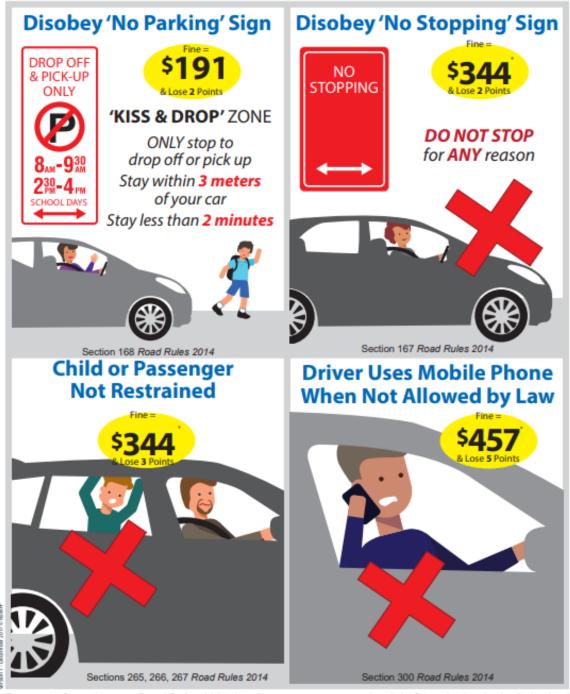
117 Liverpool Rd, Ashfield Tel: 9798 6620 Email: ashfieldbo-h.school@det.nsw.edu.au





DRIVING OFFENCES IN SCHOOL ZONES

With your help, a safer community.



For more information see: Road Rules 2014 http://www.rms.nsw.gov.au/roads/safety-rules/road-rules/index.html
*Fines are current as of July 2019. Fine amounts change regularly. For up-to-date fine amounts see: http://www.rms.nsw.gov.au/roads/safety-rules/dements-offences/index.html



